

## LET'S MOVE BLAIR COUNTY DAY!

Saturday, June 15 from 11 a.m. to 1:30 p.m.

Join us at



Promote a healthy Blair County by encouraging our residents to make healthier lifestyle choices, including nutrition, physical activity, and mental wellness as well as share available local resources.

- Health Fair/Screenings
  Family Wellness Activities
- Community Resources
  Awesome Health-Related Prizes
  - And sharing the "Let's Move Into Kindness" campaign



Healthy Blair County Coalition

Like us on Facebook and visit the event page for more information.



