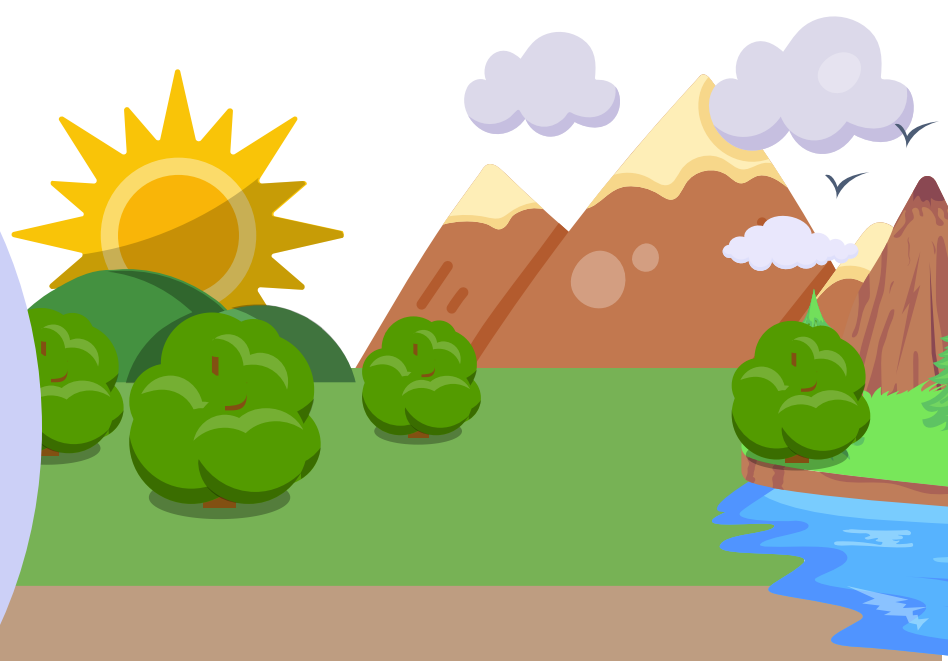


Updated 2024



Blair County Active Living

A Where-to Guide for Healthy
Activities Across the County

66 Miles of Offroad Trails



26 Gyms



31 Parks



Water Trails and Recreation



Blair Planning

HealthyBlairCountyCoalition.org



Community and State Parks

Legend



Soccer Field



Fishing Access



Cycling Route



Basketball Court



Volleyball Court



Picnic Area



Swimming Area



Pickleball Court



Roller Hockey Rink



Playground



Hiking Trail



Golf Course



Tennis Court



Pet Friendly



Water Access



Baseball Field



WalkWorks Route

Bellwood-Antis Community Park

N 3rd St
Bellwood, PA 16617



Canal Basin Park

101 Canal St
Hollidaysburg, PA 16648



Canoe Creek State Park

205 Canoe Creek Road
Hollidaysburg, PA 16648



Chimney Rocks Park

Chimney Rocks Road
Hollidaysburg, PA 16648



Claysburg Community Park

120 Community Park Rd
Claysburg, PA 16625



Duncansville Memorial Park

822 8th Ave
Duncansville, PA 16635



Garfield Park

1101 25th Street
Altoona, PA 16601



Frankstown Township Memorial Park

300 Sandcastle Rd
Hollidaysburg, PA 16648



Greenwood Park

2443 Chief Logan Way
Altoona, PA 16602



Juniata Memorial Park

201 W 12th St
Altoona, PA 16601



Reservoir Park

1046 Janesville Rd
Tyrone, PA 16686



Legion Park & Discovery Garden

N. Juniata St
Hollidaysburg, PA 16648



Morrison's Cove Memorial Park

201 S Walnut St
Martinsburg, PA 16662



Riverside Park

2300 04-159
Williamsburg, PA 16693



Valley View County Park

301 Valley View Blvd
Altoona, PA 16602



For more parks, visit: **Central Blair Recreation**
www.cbrcparks.org

Gyms and Fitness Centers

Blair Regional YMCA
1111 Hewit St
Hollidaysburg, PA 16648

Garver Memorial YMCA
820 Grove St
Roaring Spring



Central

Northern

Southern

Williamsburg

Blair Senior Services

1329 12th Ave
Altoona, PA 16601

505 Third St
Tyrone, PA 16686

15229 Dunnings Hwy
East Freedom, PA 16637

423 W Second St
Williamsburg, PA 16693

Bloom Yoga & Wellness
123 Union Ave, Suite 104
Altoona, PA 16602

Dorman's Sports Performance
2900 Beale Ave, Suite 110
Altoona, PA 16601

**Evolution Alternative Physical
Therapy & Wellness Studio**
2510 7th Ave
Altoona, PA 16602

Gorilla House Gym
3200 Fairway Dr
Altoona, PA 16602

Groove Fitness Studio
539 E 25th Ave
Altoona, PA 16601

Heartspace Wellness Alliance
217 Union Avenue, 2nd Floor
Altoona, PA 16602

Jazzercise Altoona
500 32nd St
Altoona, PA 16602

**Northern Blair County Rec
Center**
4080 E Pleasant Valley Blvd
Altoona, PA 16601

Planet Fitness
3240 Pleasant Valley Blvd
Altoona, PA 16602

The Underground Gym
2800 8th Avenue
Altoona, PA 16602

Revival Fitness and Rehab
3316 5th Ave, Suite 300
Altoona, PA 16602

Summit Athletic Club
2900 W Plank Rd
Altoona, PA 16602



To view more gyms and fitness centers in the County,
visit the interactive map at
www.blairplanning.org/active-living

Trails and Water Recreation

Juniata River Water Trail

Drop ins:
Flowing Spring, Ganister,
Williamsburg, Mt. Etna, and
Alfarata

Rails to Trails - Bells Gap

End points:
Bellwood & Lloydsville
Length: 6.3 Miles
Surfaces: Crushed stone, dirt, grass

Rails to Trails - Lower Trail

End points:
Canoe Creek & Alexandria
Length: 16.5 Miles
Surfaces: Asphalt, crushed stone

Six to Ten Trail System

End points:
Allegheny Portage RR & National
Park Boundary
Length: 9 Miles
Surfaces: Crushed stone, dirt, grass

Chimney Rocks Park Trails

Chimney Rocks Road
Hollidaysburg, PA 16648

Fort Roberdeau Trails

383 Fort Roberdeau Rd
Altoona, PA 16601

WalkWorks is a local walking program for people of all ages and abilities. Walking is one of the most popular options for physical activity in America due to the numerous community health benefits.

For more information and for complete maps of the 16 WalkWorks routes in Blair County, visit www.blairplanning.org/walk-works

WalkWorks



Blair WalkWorks

More Places to Visit



NatureWorks Park
108 Bedford Street
Hollidaysburg, PA 16648



www.natureworkspark.org

Lakemont Park
700 Park Avenue
Altoona, PA 16602



www.lakemontparkfun.com



Blue Knob All-Seasons Resort

1424 Overland Pass
Claysburg, PA 16625



www.blueknob.com

The Healthy Blair County Coalition (HBCC) is an active collaboration of individuals and organizations working to promote the social, economic, emotional, and physical well-being of our area residents.

The mission of the HBCC is to assess and impact all aspects of a healthy Blair County by sharing resources, engaging local partnerships, and implementing strategies and programs to make a difference in the lives of people in our community.

Scan the QR Code below to explore additional online resources for Let's Move Blair County and *like* our Facebook Page to stay up-to-date on the latest information about Active Living across the region.



Healthy Blair County Coalition

This brochure was sponsored by:



Blair Planning



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