

## LET'S MOVE BLAIR COUNTY DAY!

Saturday, June 10 from 12 to 2 p.m.

Join us at



**OUR GOAL** 

Promote a healthy Blair County by encouraging our residents to make healthier lifestyle choices, including nutrition, physical activity, and mental wellness as well as share available local resources.

- Health Fair/Screenings
  Family Wellness Activities
  - Awesome Health-Related Prizes
  - And the launching of Let's Move Into Kindness



Healthy Blair County Coalition

Like us on Facebook and visit the event page for more information.



